

# CANAL WINCHESTER SENIOR CITIZENS, INC.



**Frances Steube Community Center • 22 S. Trine Street • Canal Winchester, OH 43110 • (614) 837-8276**

Dear Members,

I hope everyone had a Happy Easter. We've had lots of snow, rain and now we need lots of sunshine. My spring flowers are up and some are ready to bloom. The crocus bloomed and survived the big snow.

Thanks to everyone who donated to our "bake-less" Election Day bake sale. It was a great success.

We are very happy to have Donna and her smiling face back with us, although we will miss Carrie. Penny has some nice trips planned for April and May. Be sure to check on them. Also, we want to thank Lou and Larry for a great job getting us to and from appointments.

Our next catered meal is April 8 and will be catered by Penny Miller. The weather should be much better so come and join us.

Remember to start saving your treasures for our big sale in June!

Sara Hatton  
President

## A FRIENDLY REMINDER

The Community Center, as well as all public buildings in Canal Winchester, is a smoke-free facility. If you need to smoke, please go outside.



## Board Meeting

*April 7, 2008  
9:00 a.m.*

The Canal Winchester Senior Citizens, Inc.'s Board Meeting is the first Monday of each month at 9 a.m. Their next meeting is April 7.

## Monthly Senior Lunch Meeting Tuesday, April 8

The Canal Winchester Senior Citizens, Inc.'s monthly lunch meeting is held the second Tuesday of each month at noon. Those who purchase a catered ticket will be able to listen to the organization's monthly report, enjoy live entertainment and be entered in a drawing for a door prize. The April 8 meeting will be catered by Penny Miller

### Menu

**Simply Saucy Chicken  
Baked Potato  
Vegetable  
Banana Cream Pie Squares  
Rolls, Butter, Coffee, Tea**

**The cost for a ticket is \$6.00. Please remember to purchase your ticket by Friday, April 4.**

Dear Members,

March definitely came in like a lion, so let's all hope it will go out like a lamb. March's snow storm was one to remember and for once the newscasters were not "crying wolf." It was just as bad as they predicted.

As most of you know Carrie has moved her office to the Village Municipal Building on High Street so she can work closer with the Mayor and Developmental Director. This is better for her as Community Affairs Director but we will definitely miss her. She promises to stop in as often as possible to help serve lunch and to visit on Tuesdays.

Donna is back to work as of March 10. Our weekly Tuesday lunches may not be as "homemade" as when Penny was cooking, but with the warmer weather, we hope to see our lunch attendance improve. If you don't come to our lunches we invite you to join us.

We hope you will find something of interest here at the center; however, if there is a new activity you would like to see at the center, please let us know. We are currently looking for a few more chair volleyball players. Chair volleyball is played using a beach ball while sitting in a chair. It is a lot of fun and great exercise. Weekly practices are on Wednesday at 9:30 am. We play local Fairfield County senior teams on scheduled Thursdays with a "Grand Finale" this Fall.

In addition to volleyball, other activities at the center include euchre, pinochle and bingo. Check out the calendar for the dates and times, then grab a friend, and come enjoy some friendly competition. Also, remember we have a "Library" of books and puzzles that you may borrow.

Happy Spring,

Donna & Linda



## Sunshine Report By Dottie Allen

### ***Get Well Cards were sent to:***

Jean Shaeffer

### ***Sympathy Cards were sent to:***

Norene Benson (loss of brother), the Family of Burl Gibson, Donna Warren (loss of mother), and Lloyd Solt (loss of sister)

After many, many years, Dottie Allen has resigned and will no longer be the Sunshine Committee. We thank her for her years of volunteering for sending cards to our members. Pat Blythe has volunteered to take on the position. So, please call Pat Blythe 614-920-4681 to have a card sent to a member who is ill, has had a death in their family, or just needs to be remembered.

## March Door Prize Winners

### ***Floral arrangement by Dianna's Flowers:***

Vertis Zaayer

### ***Floral arrangement by Orchids & Ivy/Flower Post:***

Anne Meadows

### ***50/50 Drawing:***

Lois Crawford

## QUILTING CLUB

The Quilting Club meets every Monday at the Community Center. Whether you are an avid quilter or a basic beginner, Joyce Barrett would like to extend you an invitation. The group is relaxed and fun – it's not necessary to make a weekly commitment, everyone works at their own pace, and you are free to come and go as you please. Stop in on a Monday to see what you are missing. They begin at 9:00.

## *Happy April Birthday to-----*

- 1 Betty Evans, Vertis Zaayer
- 2 Ernest Becker, Nancy Rathburn, John White
- 4 Joan Passen
- 6 Sara Hatton, Loretta LeCrone, Rurietta McCann
- 9 Lorraine Akers, Dora Dayton, Bernard Patton
- 10 Joyce Solt
- 11 Ruth Moore
- 12 Nancy Ramsey
- 13 Donna Ball
- 14 Twila Conrad
- 15 Barbara Carruthers, Janet Padgett
- 17 Phyllis McClaskie
- 19 Leah Turner
- 20 Mary Drumheller, Eliza Metcalf, Shirley Schockling
- 21 Joyce Hummel
- 22 Elizabeth McDonald, Robert Winters
- 23 Bertha Fridley, Vi Whitmore
- 26 Jean Schirr
- 28 Harriett Bender, Christina Helwig, Wanda Susi
- 29 Marilyn Anderson

## *Happy Anniversary To:*

- April 2** Doug & Betty Osborn  
**April 6** Woodie & Pat Cornett  
**April 28** Donald & Polly Sell

## *You're invited to a birthday celebration at the Senior Center.....*

For Viola Carruther  
May 3 from 1- 5:00 pm.

RSVP to Judy 833-9205 or Bill & Libby 837-3159

## **Massages by Tania Eck, Licensed Massage Therapist**

**April 2 and 16, 9 a.m. – 4 p.m.**

Do you think a relaxing massage sounds nice? Then call Tania Eck at 740-438-2186 to schedule an appointment! Tania is a licensed massage therapist who offers one hour massages at the center the first and third Wednesday of every month. The cost for senior citizens is \$30 per hour, which is half off the normal rate.

## **Nurse**

Nurse Jane will not be at the center for the next few months. She is having surgery. Please keep her in your thoughts and prayers.

However, a nurse from The Springs at Carroll will be here in Jane's absence in April and May to do blood pressure and glucose testing.



## **Podiatrist**



The podiatrist will be at the center on Tuesday, April 8, from 9 a.m. until noon to clip toenails. Call 866-3182 to make an appointment.

PLEASE NOTE: Medicare will pay for this service once every 60 days if your yearly deductible has been met. Medigold and other insurances may have a deductible that must be paid by the patient. Please call the podiatry office at 614-866-3182 if you have any questions about insurance.

## *Thank You!*

*I would like to thank each of you for your cards, prayers, and thoughts throughout my mother's illness. I appreciate your thoughtfulness.*

*Donna*

## Weekly Lunches at the Center



Join fellow members at the center on Tuesdays at 11:30 for lunch. Lunches are \$2 except for the second Tuesday of each month when there is a catered meal for \$6. To make a reservation, call the center by noon on the Friday before the lunch. If you sign up and can't attend, make sure you call to cancel or you still owe \$2. Since there are sometimes last minute cancellations, you may call the center to see if there is space for lunch. We are able to keep regular lunches at the low cost of \$2 thanks to sponsorship donations by area businesses. Please check the calendar to see who is sponsoring the lunch and remember to thank them.

### APRIL LUNCH SPONSORS:

April 1 ~ Canal Winchester Human Services

April 15 ~ Winchester Place

April 22 ~ Health Care Ventures of Ohio

April 29 ~ Biocare Orthopedic

## Out to Lunch Bunch

**Max & Ermas ~ Pickerington**

**Friday, April 18**

**The van will leave the center at 11:00**

This is a lunch only trip. Why not sign up to join your friends or make new ones! We always have a great time.

## "Penny Specials"

Thanks to special funding through the Franklin County Office of Aging, we are able to offer transportation for some "fun" day trips. Sign-up sheets are available at the Community Center and are first come, first serve. If you must cancel, PLEASE do so as early as possible as many times we have a standby list.

### FRIDAY, APRIL 4

#### Tuttle Mall Shopping Center

Lunch on your own, Penny's Choice

We will leave the center at 9:30 am.

### FRIDAY, APRIL 18

Broadway Across America's

### RIVERDANCE

We will leave the center at 5:30. Dinner ~ To be Determined (On your own) **RIVERDANCE** is at 8:00 p.m. at The Palace.

**TICKETS FOR RIVERDANCE ARE \$45.50 AND MUST BE**

## Retires Must File to Get Tax Rebate

President Bush has authorized a tax rebate. You must file a Form 1040 or 1040A to receive it. The only income needed to qualify is at least \$3,000 if single and \$6,000 if filing jointly. For more information, contact the IRS at 1-800-829-1040.

If you need assistance filing for this rebate you may come in to the Center on Wednesday, April 16 between 8:00 am and 4:00 pm. No appointment is necessary.

**B-I-N-G-O****March 7, Noon – 3 p.m.**

BINGO is the first Friday of every month.  
Come to the center for an afternoon of FUN!

**Pinochle****April 3 & 23**

Pinochle is played the first and fourth Thursday of every month from 9:15 a.m. until 11:30 a.m. Everyone is welcome – just show up at the center if you are interested in playing.

**Progressive Euchre***April 11 and 25,**12 p.m. – 3 p.m.*

Progressive Euchre is held the second and fourth Friday of every month.

**March 14 Euchre Winners****1<sup>st</sup> Place - Donna Root****2<sup>nd</sup> Place - Dru Sachs****Loner – Joan Price****Door Prize – Vertis Zaayer****Senior Transportation Program**

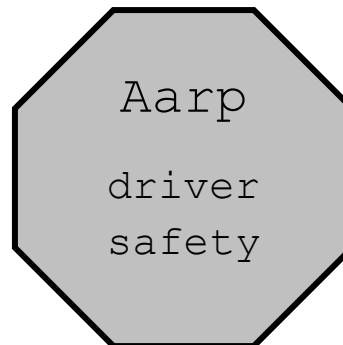
We are now happy to provide transportation, Monday through Friday. If you have not already done so, you must register to participate in the program. Please contact the center to get the guidelines and fill out the necessary client information sheet. Once registered, remember:

~ Appointments must be scheduled at least two working days in advance. Your appointment must be no earlier than 9 a.m. and no later than 2 p.m.

~ Be ready 1 ½ hours prior to your appointment.

~ If you need the wheelchair accessible van, please let us know when you schedule your appointment.

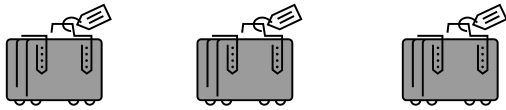
~ The service is curb to curb, so if you need assistance, you must have a caregiver, age 18 or over, to accompany you. The driver cannot be responsible to offer assistance.

**April 7 & 9****12:30 to 4:30 pm****2 Day Class****\$10.00**

This AARP Class is designed to help older drivers update their knowledge and skills, prevent traffic collisions and violations while maintaining mobility and independence. There is no driving involved.

**Class is held in two sessions and you must attend both sessions to receive credit for the course.** Some insurance companies allow discounts after completion. Please arrive at 12:15 the first day to complete paperwork.

## Upcoming Trips



The following trips are offered in partnership with Groveport and Pickerington Senior centers. Most trips are open to anyone. Stop in or call the Community Center to register or for more information. If you would like to travel but don't have a partner, please let the Community Center office know and we might be able to pair you with someone.

### **Cincinnati Reds Game Wednesday, May 7, 2008**

This is an excursion to the Great American Ballpark to watch the Cincinnati Reds take on the Chicago Cubs. There will be a stop for dinner only if the game runs late. Cost is \$43.00 with payment due before April 15.

### **Amish Country Tour ~ Monday, May 19**

Join us as we travel to Ohio's Amish Country. Enjoy shopping in Berlin and lunch at Der Dutchman. Cost is \$50 per person and payment is due by April 1. **Waiting List Only.**

### **LaComedia Theatre's "West Side Story" Wednesday, June 4**

Two feuding gangs, the Jets and the Sharks are on a collision course in the gritty slums of New York City. Out of the chaos a passionate romance blooms between Tony and Maria, teenagers caught on opposite sides of the turf while trying to find a place for their love amid the prejudice and turmoil that surrounds them. Winner of 10 Academy Awards, **West Side Story** is one of the all time great American Musicals. Enjoy some of the most electrifying music written for the Broadway including "Maria," "Tonight" and "I Feel Pretty."

The cost is \$55.00 per person, due by May 1 and includes transportation, buffet lunch and the show.

### **Pacific Northwest and California Monday, August 4 ~ departure date**

Eight day, seven night trip: includes round-trip airfare from Columbus, hotel accommodations, transfers, and all taxes and surcharges. Highlights include Mt. St. Helens Visitor Center, Portland, Columbia River Gorge, Newport Bandon State Natural Area, Redwood National Park, San Francisco and more. Cost is \$1,999 per person double occupancy. Call to check availability.

### **Little Nashville, Indiana Featuring Brenda Lee, The Lady, The Legend September 12 – 14**

Travel by motor coach for two nights accommodations in Nashville, Indiana. Tour the Brown County State Park and marvel at the beautiful landscapes and visit the only Handbell Theater in the world. Also enjoy entertainment each night at local theaters including a performance by Brenda Lee. Also included are two breakfasts and two dinners, time for shopping with over 300 local stores, all luggage handling, taxes and gratuities as well as trip cancellation insurance. Cost is \$529.00 per person double occupancy. A \$100.00 deposit is due upon registration. The balance is due before June 12.

### **China, The Great Beijing City Tuesday, October 28 ~ departure date**

This is a nine day, eight night trip that includes round-trip airfare from Columbus, hotel accommodations, transfers, 15 meals – including lunch at the home of a local family, and all taxes and surcharges. Highlights of this trip include The Great Wall, Peking Opera, Tiananmen Square, Temple of Heaven and more. Cost is \$1,899 per person, double occupancy. **Waiting List Only.**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> 9:00 Nurse 9:30 Crafts  11:30 Lunch/Cards Sponsor ~ C. W. Human Services	<b>2</b> 8-5 AARP Taxes 9:30 Volleyball 1-4 massages 7:30 C. W. Art Guild	<b>3</b>  9:15 – 11:30 Pinochle  10 a.m. Chorale	<b>4</b> 8-5 AARP Taxes  12:00 – 3:00 BINGO	<b>5</b>  <b>Rented</b> <b>11-4:00 p.m.</b> <b>Rented</b> <b>6-8:00 p.m.</b>
<b>6</b>  <b>Rented</b> <b>1 – 3:00 p.m.</b>	<b>7</b> 9 a.m. Senior Board <b>12:30 -4:30</b> <b>Driving</b> <b>Defensively</b> 9 – 3 Quilting 6:00pm Boy Scouts	<b>8</b> 9:30 Crafts  Noon Catered Lunch/Meeting  7:00 C. W. Garden Club	<b>9</b> 8-5 AARP Taxes 9:30 Volleyball  12:30 -4:30 Driving Defensively	<b>10</b> 10 a.m. Chorale  Noon Canasta  7:30 VFW	<b>11</b>  12-3:00 Progressive Euchre	<b>12</b>  <b>Rented</b> <b>3-5:00 p.m.</b>
<b>13</b>	<b>14</b> 9 – 3 Quilting  6 p.m. Boy Scouts	<b>15</b> 9:30 Crafts  11:30 Lunch/Cards Sponsor ~ Winchester Place	<b>16</b> 9:30 Volleyball  1-4 massages	<b>17</b> 10 a.m. Chorale  6-9 p.m. Relay for Life	<b>18</b> 11 a.m. Out-to- Lunch-Bunch at Max & Erma's	<b>19</b> <b>Rented</b> <b>8:00 am-</b> <b>2:00 pm</b>  <b>Rented</b> <b>6:30 -10:30</b> <b>p.m.</b>
<b>20</b>	<b>21</b> 9 – 3 Quilting  6 p.m. Boy Scouts	<b>22</b> 9-12 Podiatrist  9:30 Crafts 11:30 Lunch/Cards Sponsor ~ Health Care Ventures	<b>23</b> 9:30 Volleyball	<b>24</b> 9:15 – 11:30 10 a.m. Pinochle Chorale 7:00 Labor Day Comm. Meeting	<b>25</b>  12-3:00 Progressive Euchre	<b>26</b>
<b>27</b>	<b>28</b> 9 – 3 Quilting  6 p.m. Boy Scouts	<b>29</b> 9:30 Crafts  11:30 Lunch/Cards Sponsor ~ Biocare Orthopedics	<b>30</b> 9:30 Volleyball			

Canal Winchester Senior Citizens, Inc.  
22 S. Trine Street  
Canal Winchester, OH 43110

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Canal Winchester, OH



Dated material. Please deliver promptly.

## April 2008 Canal Winchester Senior Citizens, Inc. Newsletter

**Frances Stuebe Community Center**  
**22 S. Trine Street**  
**Canal Winchester, OH 43110**  
**Phone: 614-837-8276**  
**Fax: 614-837-8121**

**Staff:**

*Carrie Hoover, Community Affairs Director*  
*Donna Warren, Senior Citizens Coordinator*  
*Linda Tennison, Receptionist*  
*Lou Snyder, Senior Transportation Driver*  
*Larry Dowler, Senior Transportation Driver*  
*Penny Miller, C.W. Human Services*

*April Showers....*



*....Bring May Flowers!*